



# ICS Course on Transitional Continence Management

Park Rotana Hotel

Abu Dhabi, UAE

Friday 20<sup>th</sup> of December 2019

Accreditation Under Process



## Target Audience

Urologists  
Paediatric Urologists  
Urogynecologists  
General Practitioners

Nurses  
Physiotherapists  
Occupational Therapists

## Lecture Objectives:

- Describe and explain in a clear and understandable fashion the Anatomy and Physiology of the lower urinary tract of the bowel and pelvic floor.
- Define what “Transitional Care” means and highlight the contrast between Pediatric, Adolescent, and Adult Continence Management.
- Discuss the most recent and globally accepted recommendations and standardizations of urodynamics practice, surgical options, and continence management.
- Assess the level of knowledge acquired by the course attendees with a pre-course and post-course questionnaire.

<https://www.inc-cnuae.com/ics-2020>



Organized By

MKH Events Middle East

+971 26716714

<https://www.mkhevents.com>

[contactus@mkhevents.com](mailto:contactus@mkhevents.com)

## Message from the late Dr. Mario Patricolo (1963 - 2019)



*Dear Friends and Colleagues,*

*The International Continence Society (ICS) and the ICS-Children and Young Adults Committee (ICS-CYAC) have the privilege to invite you to meet in Abu Dhabi, UAE, in occasion of the: "ICS Course on Transitional Continence Management." Transition Care is synonym of Adolescents' Care. Adolescence is a delicate phase of life for both boys, girls and their relatives, which entails the need for specific expertise from each discipline caring for patients with continence issues, at this stage of their development. Patients, Doctors, Physiotherapists, Occupational Therapists, Nurses and Parents, all need to display both knowledge and readiness, for this phase of bladder and bowel care. The 'philosophy of transition' includes preparing young adults and their relatives to the significant uncertainties and changes, which accompany 'the shift.' The clinical team must encourage and favor decision-making and acceptance of responsibility on the side of the adolescent patient, who no longer is a passive receiver of care from Doctors and Parents, the latter having a progressively smaller role. In different areas of the World and in different Countries, there is discrepancy in the age at which a urological patient should be transitioned from the Pediatric Urologist to the Adult Urologist. Until recently, in our area, Pediatric Doctors could see patients up to 13 years of age. Recently the pediatric age has been raised to 18 years. This highlights and fast-forwards the need to educate those who are not used to deal with adolescents affected by continence issues, with the aim of filling a gap, on "who should do what and how." both on the pediatric and on the adult clinical side.*

*This Course will provide:*

- standardization*
- clarification*
- pathways for smooth and effective transition*
- a 360 degree, approach to all aspects (urological, psychological, environmental, administrative, regulations, etc.).*

*We look forward to seeing you all in Abu Dhabi and to experience a productive and useful educational opportunity, as well as enjoy the innumerable attractions which the UAE Capital offers, both on the cultural and touristic stand point. The Season, in December is particularly pleasant in the United Arab Emirates and we are sure that you will have a fantastic time, in Abu Dhabi.*

*With Best Wishes,*

*Dr. Mario Patricolo*

*Chairman*

# International Continence Society

A truly multidisciplinary society, whose members are Physicians, Nurses, Physiotherapists, Occupational Therapists, Rehabilitation Caregivers; amongst the subspecialties. We have Urogynecologists, Neurourologists, Pediatric and Transitional Urologists, Urotherapists, etc. All events are CME accredited, mostly by EU-ACME or anyway Category 1 CME and ICS Journal Neurourology and Urodynamics has quite high-impact.

There are now over 3260 ICS Members worldwide distributed in 97 countries (43% Europe, 28% Asia, 21% Americas, 7% Oceania, 1% Africa).

In 2017, it was calculated that there was a 140% increase on new ICS Members!

## ICS - Children and Young Adult Committee



**Mario Patricolo**  
Elected Chairman



**Giovanni Mosiello**  
Committee Chairman



**Selcuk Yucel**  
Committee Member



**Kwang Myung Kim**  
Committee Member



**Stuart B Bauer**  
Co-opted Member



**Nelly Faghani**  
Committee Member



**Ashani Couchman**  
Committee Member



**Rien Johan Marien  
Nijman**  
Committee Member



**Marcus John  
Drake**  
Executive Office



**Jennifer Dart Yin  
Sihoe**  
Committee Member



**Giuseppe Masnata**  
Committee Member



**Israel Franco**  
Committee Member



**Beulah Jebakani**  
Committee Member

## Becoming an ICS Member

Since 1971 the International Continence Society (ICS) has led multi-disciplinary continence research and education on a worldwide scale through the ICS Annual Meeting and the Neurourology and Urodynamics Journal.

With over 3,000 members ICS is a thriving society of Urologists, Uro-gynaecologists, Physiotherapists, Nurses, Basic Scientists and Researchers with a focus on continence and pelvic floor disorders. We are growing every day and welcome you to join our Society. Join ICS today and enjoy substantial discounts on journal subscription and registration for the ICS Annual Meeting, plus many other great benefits.



# Scientific Agenda

TIME	TOPIC	SPEAKER
08:00 - 09:00	Registration and Pre-course Questionnaire	
<b>SESSION 1</b> 09:00 - 10:30		
09:00 - 09:15	Opening Remarks and Aims of the Course	Giovanni Mosiello Ashani Couchman
09:15 - 09:30	Bladder, Bowel and Pelvic Floor Anatomy – Consideration in Congenital Anomalies	Ashani Couchman
09:30 - 09:45	Physiology of Voiding / Defecation	Giovanni Mosiello
09:45 - 10:00	Changes in Adolescence - Current Evidence	Ashani Couchman
10:00 - 10:30	Bladder and Bowel Dysfunction	Giovanni Mosiello
10:30 - 11:00	<b>COFFEE BREAK</b>	
<b>SESSION 2</b> 11:00 - 12:00		
11:00 - 11:30	Neuropathic Bladder	Giovanni Mosiello
11:30 - 12:00	Urodynamics: Standards and Good Practice	Ashani Couchman
12:00 - 13:30	<b>LUNCH BREAK AND FRIDAY PRAYERS</b>	
<b>SESSION 3</b> 13:30 - 15:00		
13:30 - 14:00	Standardisations of Terminology-LUTS and Urinary Incontinence	Ashani Couchman
14:00 - 14:30	Surgical Options for LUTD	Giovanni Mosiello
14:30 - 15:00	Associated Co-morbidities	Giovanni Mosiello
15:00 - 15:15	Monitoring and Follow Up	Ashani Couchman
15:15 - 15:30	End of Course and Post-Questionnaire	
15:30 - 16:00	Closing Remarks, Future ICS Courses, and Conferences	

## Registration Fees

PROFESSION	FEES ( in AED)		
	Early Bird <i>until 17 March 2020</i>	Regular Rate <i>until 16 April 2020</i>	On-Site
Physician - ICS Member	600.00	650.00	750.00
Physician -Non-ICS Member	750.00	900.00	1200.00
Nurses and Allied Healthcare Professional - ICS Member	300.00	400.00	500.00
Nurses and Allied Healthcare Professional - Non-ICS Member	350.00	450.00	600.00